GUIDE TO THE GREAT EASTERN TRAIL IN TENNESSEE

FIRST EDITION, SEPTEMBER 2011

Covers Section TN1

Base of Lookout Mountain to Soddy Daisy, TN



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INTRODUCTION

The Great Eastern Trail is a long distance trail that is currently under development. It will link numerous existing trails such as the Pinhoti Trail in Alabama and Georgia, the Cumberland Trail in Tennessee, the Pine Mountain Trail in Kentucky and Virginia, the Allegheny Trail in West Virginia and Virginia, the Tuscarora Trail in West Virginia, Maryland, and Pennsylvania, trails in Green Ridge, State, Forest, Maryland, the Standing Stone Trail in Pennsylvania, the Mid State Trail in Pennsylvania, the Crystal Hills Trail in New York, and the Finger Lakes Trail in New York. When complete, the trail will run from a spur of the Florida Trail and the Alabama state line to the Finger Lakes Trail, which is co-aligned with the North Country National Scenic Trail.

This guide is intended to give basic locations and mileages for the Great Eastern Trail in Section TN1 in south Tennessee. The descriptions for this guide begin at the Guild Trailhead of the National Park Service Lookout Mountain National Battlefield at Ochs Highway (Tennessee Highway 58) at the base of Lookout Mountain on south edge of Chattanooga, Tennessee and terminate at the Cumberland Trail trailhead in the North Chickamauga Creek Gorge State Natural Area off Montlake Road on the south edge of the City of Soddy-Daisy, TN. The length of this section of trail is 20 miles. The route described in this guide is considered an "Alternate Trail" route of travel until such time as the City of Chattanooga Greenway Systems are completed through the Chattanooga Metropolitan Area. Consequently, most of the route described is along city street sidewalks and road shoulders, as well as county road shoulders.

Use caution when traveling along any of the roads without sidewalks described in this guide. Follow the accepted practice of facing oncoming traffic when shoulders permit doing so. Most county roads have adequate shoulders to use as refuge from oncoming traffic, but sight distances in some spots are restricted. While most have low traffic volumes there may be periods of moderate traffic flow. Traffic in the downtown area of Chattanooga may be heavy at times as the trail path passes through a tourist attraction area. Caution should be used when crossing TN 58 at the Guild Trailhead at the south terminus of this section as well as when crossing city streets.

Trail users intent on a multi-day, overnight experience utilizing this route must carefully plan their itinerary between the Guild Trailhead at the base of Lookout Mountain and the Cumberland Trail trailhead in Soddy-Daisy (approximately20 miles) as overnight accommodations are only available in commercial establishments in the greater Chattanooga metropolitan area.

Section TN1 Guild Trailhead (TN 58) to Cumberland Trail State Park at Soddy Daisy 20.0 miles

Trail Description: South to North

- 00.00 Guild Trailhead (the northern terminus of Georgia Section GA 11) on Och's Highway (TN 58) at base of Lookout Mountain. Follow unpaved Guild Trail roadway southerly to 45th Street.
- 00.30 At 45th Street turn left (easterly) to St. Elmo Ave (TN17). Cross to east side of street.
- 00.40 At St. Elmo Ave, turn left and proceed northerly staying on east side of street.
- 01.00 St. Elmo merges with Och's Highway, continue northerly merging with Tennessee Ave.
- 01.30 Pass under narrow RR bridge no sidewalks continue northerly.
- 01.50 Road merges with US 41/US 11/TN 2 from the left and becomes Broad Street. Continue northerly on east side of street.
- 02.10 Pass over Chattanooga Creek Bridge and continue northerly. Fast food restaurants in area.
- 02.70 Pass under I-24 Interstate Bridge and continue northerly.
- 03.30 Cross Main Street. (Crash Pad Hostel 0.4 miles to the east (right)). Continue northerly.
- 03.60 Cross under TVA Headquarters Building Bridge. Continue northerly.
- 04.50 At 2nd Street (Tennessee Aquarium) turn right (east) three blocks to Walnut Street.
- 04.65 At Walnut Street, turn left (north), crossing the Tennessee River on the Pedestrian Bridge.
- 05.15 At Frazer/Cherokee Ave. turn left (west) to Market Street.
- 05.25 At Market Street, turn right (northerly). (Caution, busy intersection).

 Note: Continuing northwesterly 0.1 mile on Cheorkee Ave. to Manufacturers road, and thence westerly 0.5 miles to the complex containing Rock Creek Outdoor Store and Green Life Grocery (located about 100 yards north of Manufacturer's Road).
- 05.90 Intersect Dallas Rd, offset one short block east to Hamilton Ave. and continue north.
- 06.50 Enter City of Red Bank. Hamilton Ave. now becomes Pine Breeze Road. Continue northerly along Pine Breeze, crossing Stringers Ridge. CAUTION: Pine Breeze Road is a curvy path with little shoulder width but with no or little traffic.
- 07.15 Intersect Midvale Ave, turn left and continue westerly through White Oak Park, using paved park walkway. Note Park Gates closed 10:00PM to 7:00AM.
- 07.55 Leave White Oak Park and continue westerly on Midvale Ave.
- 07.80 Cross Ashmore Ave and continue west on Midvale Ave.
- 07.90 Intersect Dayton Blvd (TN 8) and turn right. McDonald's restaurant across street. Continue Northeasterly on Dayton Blvd. Traverse sidewalk on east side of street. Note: sidewalks periodically switch sides of street.
- 08.30 At Memorial Ave, sidewalks west side only. Continue northeast.
- 09.35 Newberry Street -- Nearing Springer's Branch no sidewalks.
- 09.50 Greenleaf Street at north side of Springer's Branch sidewalks both sides continue northeast.
- 10.35 Morrison Spring Road -- continue northeast on Dayton Blvd.
- 10.70 Meadowbrook Drive sidewalks east side only -- continue northeast on Dayton Blvd.
- 11.30 Daytona Drive sidewalks west side only -- continue northeast on Dayton Blvd.
- 11.65 Brownstown Road -- no sidewalks-shoulder walk only-use caution.
- 12.35 Leave City of Red Bank-. Continue northerly moderate traffic
- 13.90 Old Dayton Pike split to left (west) veer left and follow Old Dayton Pike county road with light traffic.

- 14.25 Intersection with Dowlen Road from right stay on Old Dayton Pike -- beginning of sweeping S curve.
- 14.45 Intersect with Brownstone Road from left—continue northerly on Old Dayton Pike.
- 15.25 Pass under US 27 bridge continue northerly as road swings northeasterly.
- 15.90 Merge with Dayton Pike northeasterly --now moderate traffic into Soddy-Daisy.
- 16.20 Intersection Robert Mills Road from left and crossing Falling Water Creek; begin long sweeping curve with little shoulder.
- 16.65 End of curve.
- 17.85 Intersection with Thrasher Pike from right, Springfield Road from left. Continue northeasterly on Dayton Pike.
- 18.45 Cross North Chickamauga Creek. Continue northeasterly on Dayton Pike.
- 18.65 Intersection with Montlake Road. Turn left and proceed northwesterly
- 19.70 North Chickamauga Creek Gorge State Natural Area. Turn left into natural area and natural area road northwesterly. (Note: Gates close at dark and reopen at dawn.)
- 19.80 Intersection with south parking lot road. Continue northwesterly on natural area road.
- 19.90 Trailhead parking area. Proceed along entrance trail to Trailhead Kiosk.
- 20.05 Cumberland Trail Trailhead. Contact Justin P. Wilson Cumberland Trail State Park, 220 Park Road, Caryville, TN 37714, 423-566-2229 for park rules and regulations regarding camping, parking, permitting, etc. along the Cumberland Trail at www.tn.gov/environment/parks/CumberlandTrail Refer to the Cumberland Trail web site at www.cumberlandtrail.org for details of trail descriptions.

Trail Description: North to South

- 00.00 Cumberland Trail trailhead in North Chickamauga Creek Gorge State Natural Area off Mowbray Road proceed southeasterly along entrance trail to trailhead parking area.
- 00.15 Trailhead Parking area follow State natural area road southeasterly.
- 00.25 Intersection with road to natural area south parking area stay left and follow entrance road to Montlake Road.
- 00.35 Montlake Road turn right and follow Montlake Road Southeasterly to Dayton Pike.
- 01.40 Dayton Pike -- turn right and proceed southwesterly traffic may be light to moderate.
- 01.60 North Chickamauga Creek cross bridge and continue southwesterly along Dayton Pike.
- 02.20 Intersection of Thrasher Pike/Springfield Road; continue southwesterly along Dayton Pike.
- 03.40 Begin long sweeping curve with little shoulder.
- 03.85 End of curve. Intersection of Robert Mills Road from right and cross Falling Water Creek.
- 04.15 Just before US 27 interchange, veer off to right and follow Old Dayton Pike southwesterly. Light to no traffic.
- 04.80 Pass under US 27 Bridge as road swings southerly.
- 05.60 Brownstone intersects from right; continue southerly on Old Dayton Pike entering S curve.
- 05.80 Dowlen Road intersects for left; continue southerly on Old Dayton Pike S curve ends.
- 06.15 Merge with Dayton Blvd.; continue southwesterly on Dayton Blvd. Light to moderate traffic.
- 07.70 Enter City of Red Bank. Continue southwesterly on Dayton Blvd.
- 08.40 Brownstown road intersects from right, sidewalks now on west side of street. Continue southwesterly.
- 08.75 Daytona Drive sidewalks now on east side of street -- Continue southwesterly.
- 09.35 Meadowbrook Drive intersects from right sidewalks on both sides of street -- Continue southwesterly.

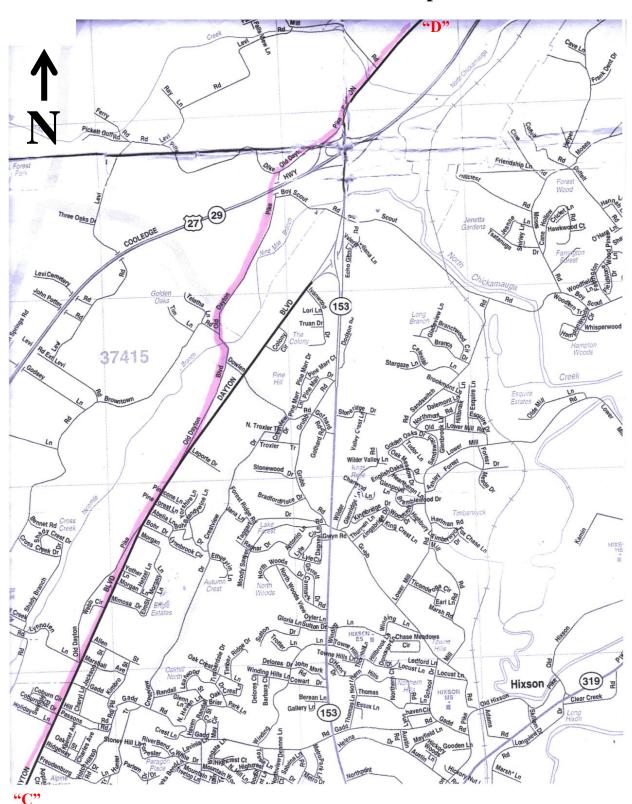
- 09.70 Morison Springs Road interests from right -- Continue southwesterly along Dayton Blvd.
- 10.55 Greenleaf Street Approach Stringers Branch no sidewalks.
- 10.70 Newberry Street after crossing Stringer's Branch sidewalks on west side only.
- 11.75 Memorial Drive intersects from left sidewalks east side only; Continue southwesterly.
- 12.15 Midvale Ave. intersects from left across from McDonald's turn left onto Midvale (easterly).
- 12.25 Cross Ashmore Ave. and continue easterly on Midvale Ave.
- 12.50 Enter White Oak Park and traverse paved walkways/Midvale Ave. up to Pine Breeze Road Note: Park Gates closed 10:00PM to 7:00AM.
- 12.90 Pine Breeze Road -- turn right onto Pine Breeze (soutwesterly). This is normally lightly traveled but is curvy with very narrow shoulders at spots as it transposes to a southerly direction.
- 13.55 Leave City of Red Bank and enter north Chattanooga. Road name now changes to Hamilton Ave. Sidewalks along west side of street on approach to Dallas Road.
- 14.15 Intersect Dallas road, offset one block to west along Peak Street, onto Market Street and continue south along west side of street.
- 14.80 Intersect Cherokee/Frazer Ave. Turn left (east) on Frazer two blocks to Walnut Pedestrian Bridge. Note: turning right onto Cherokee 0.1 miles to Manufactures Road, thence westerly 0.5 miles will to the complex containing Rock Creek Outdoor Store and Green Life Grocery (located about 100 yards north of Manufacturer's Road).
- 14.90 Walnut Street Pedestrian Bridge entrance, turn right and proceed across Tennessee River.
- 15.40 At 2nd Street, turn right three blocks west to Broad Street. This is Tennessee Aquarium area.
- 15.55 Broad Street turn left and proceed southerly on Broad Street.
- 16.45 Cross under TVA Headquarters Building Bridge and continue south on Broad Street, preferably on east side of street.
- 16.75 Cross Main Street and continue southerly. Crash Pad Hostel 0.4 miles to left (east).
- 17.35 Pass under I-24 Bridge.
- 17.95 Cross Chattanooga Creek bridge Fast food restaurants in area.
- 18.55 Cummings Highway US 42/US 11/TN 2 veers off to the right. Stay left through major intersection and follow Tennessee Ave. southerly.
- 18.75 Pass under narrow RR bridge; no sidewalks, narrow street use caution. Stay on left side of roadway. Continue south on Tennessee Ave, passing foot of incline RR to top of mountain.
- 19.05 Och's highway (TN 58) veers off to right. Tennessee Ave now becomes St. Elmo Ave (TN 17). Continue south on St. Elmo Ave.
- 19.65 At 45th Street, turn right (west) onto 45th.
- 19.75 Intersect Guild Trace road. Turn right (northerly) and continue up hill. Narrow road, no sidewalks, but no or very little traffic.
- 20.05 Guild Trail trailhead. Use caution when crossing Och's Highway (TN 58) and enter Georgia Section GA 11 of the Great Eastern Trail.

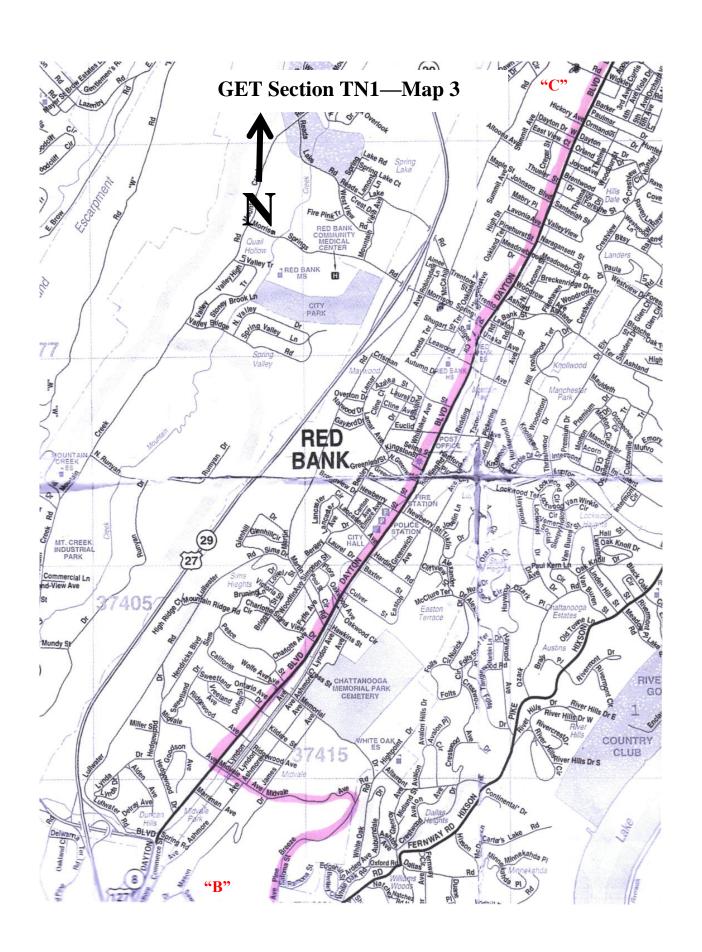
Note: Map Sections of Section TN1 are enclosed below and numbered from north to south

GET Trail Section TN1 – Map 1 MONTLAKE GOLF CT Trailhead Mile Straight

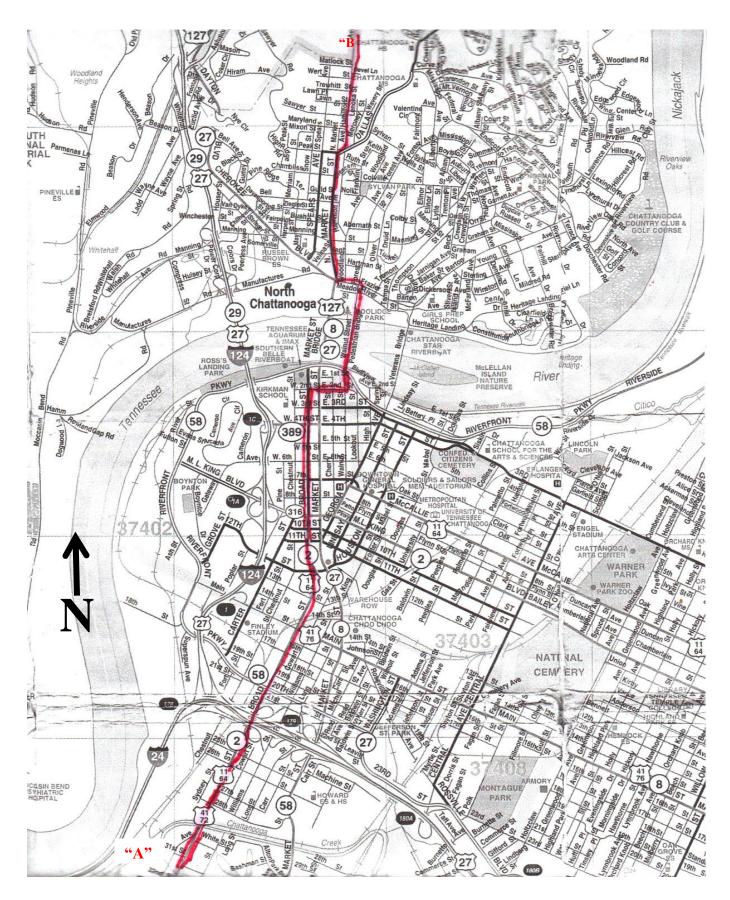
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GET Section TN1 -- Map 2





GET Section TN1 – Map 4



GET Section TN1 – Map 5

