



The Cumberland Trail

Fall -Winter 2009

Change, the Only Constant

The year 2009 has ended and it certainly has been a year for changes. The year witnessed changes in the federal government, volatile changes in the stock market, and changes in the national economy. Unfortunately, the Cumberland Trail Conference also witnessed some changes. As many of you are aware, the TDEC grant that funded CTC operations expired on June 30, 2009 and because of the State's economy, the grant could not be renewed. This ended the funding for the CTC office and the Conference's staff positions. In order to continue trail development operations, two staff positions were eliminated and other cost saving measures implemented. With these changes and the grateful financial assistance of the Lyndhurst and the Anne Potter Wilson Foundations, Tennessee Trails Association, a percentage of the proceeds from the Bike Ride Across Tennessee event, continued support from businesses, and individual donations, the Conference has been able to continue trail development operations.

In this newsletter, the trail

development events for the second half of 2009 are highlighted. Despite the reduction in staffing, the Cumberland Trail Conference continues to strive forward to complete and maintain the project. Of course, the successes in the field were only possible because of the volunteers. Now more than ever, this is a community project, for all of us involved in this project make a community, which is the Cumberland Trail Conference. If we, as a community of volunteers are not willing to see this project through to the end, then who is? It is up to our community to decide if this trail project stalls or continues.

In 2009, the CTC weathered the storm of change, and 2010 trail development operations have been planned. Please consider how you can play a role in the development of the Cumberland Trail. If you can volunteer for trail construction/maintenance, camp support, or office volunteer, you are encouraged to participate. If this is not possible, help support the project financially, please donate. All of us have a vital role to fulfill in the Cumberland Trail community. I ask each of you to consider your role, and please help create the lasting legacy that is to become the Cumberland Trail. *Tony Hook*

Inside this issue:

• Deteriorated Bridges Replaced	2
• NPLD - Steps Replaced	3
• Winter Break Away	3
• 50 Miler Award	3
• Plaque Dedications	4
• Land Acquisition	4
• CTC 2010 Events Calendar	5
• "Making the Connection"	6
• CTC Donors 2009	7-8
• 2009 Volunteer Appreciation	9
• How can you help?	10



CTC Volunteers Replace Deteriorated Bridges

Three deteriorated bridges replaced in just a matter of days! Despite the rain out days, volunteers stuck around to see the bridge replacement project through.

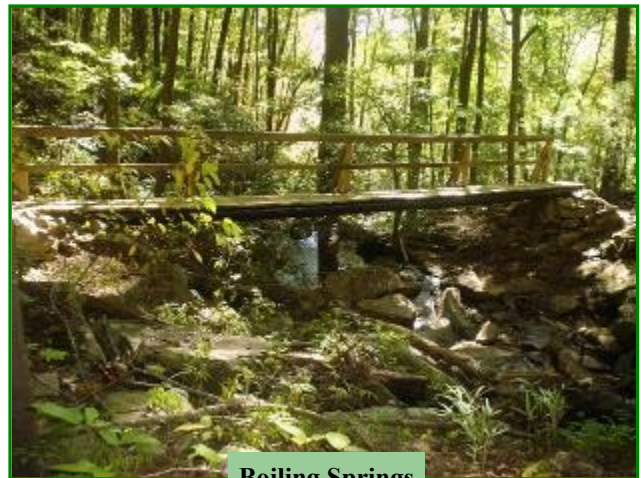
The Cumberland Trail Conference utilized volunteer labor to replace three deteriorated log bridges. Material was transported into Rock Creek Gorge to three different bridge sites, the old fashion-way, human trail mules. Old logs and other existing bridge material was removed and bridge footings repaired. The bridges were replaced with treated poles and lumber.

This project was funded by grants from REI and Kodak/The Conservation Fund. These funds were used to purchase bridge materials, assisted with transportation of materials, and helped offset the cost of food and lodging offered to our dedicated volunteers.

This segment of the Cumberland Trail is utilized by a very diverse group of outdoor enthusiasts to include hikers, kayakers, and rock climbers from the greater Chattanooga metropolitan area. These bridges span very rocky, swift flowing creeks. The replacement of the deteriorated log bridges has greatly enhanced a trail users' safety.



Rock Branch



Boiling Springs



CTC volunteers remove bark from the trees that will be utilized for the pole bridges

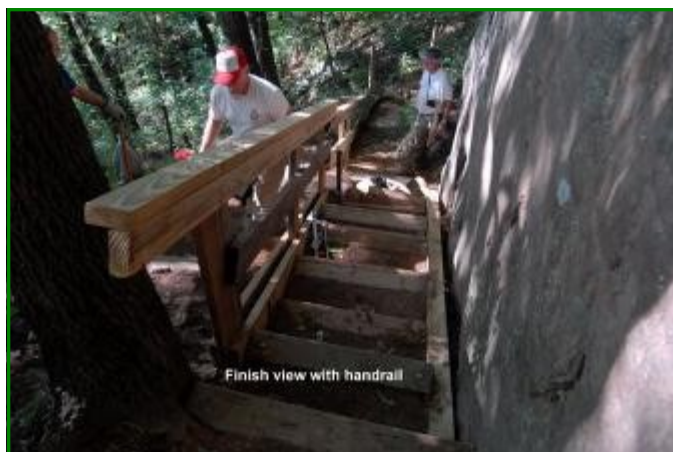


Flat Fork Branch

National Public Lands Day 2009 - Steps replaced

The Cumberland Trail Conference's NPLD celebration was delayed by the rain but everyone returned on Sunday to help replace wooden steps at Signal Point. There were 8 volunteers who contributed a total of 64 hours on Sunday September 27th. A job well done!

"NPLD celebration was delayed by the rain..."



Photos by : Bob DeHart and Earl Helmer

CTC Hosts 2nd Annual Winter BreakAway!

The Cumberland Trail Conference hosted its 2nd annual Winter BreakAway program. Winter Alternative Break, January 3-8, 2010: Ten students from Grand Valley State University and six students from Kansas University travelled to Tennessee to help with trail maintenance in the North Chickamauga segment of the Cumberland Trail. Also lending a hand, several CTC/TTA volunteers worked with the students. Volunteers repaired areas of the trail tread, removed rotten wooden steps and constructed stone steps, and corrected trail erosion.



50 Miler Award Recipients - The following individuals have hiked 50 miles of the CT (not any one segment twice), and received a 50 miler patch on the dates shown below.

Congratulations to all!

Walt Cygan – June 28, 2007 - Germantown, TN

Gary Ruetenik – September 6, 2007 - Fairfield Glade, TN

Dona Hazel – September 6, 2007 - Fairfield Glade, TN

Don Taylor - September 6, 2007 - Mount Juliet, TN

Judy Varner – February 8, 2008 – Dunlap, TN

Brandy Selman – September 5, 2008 – Soddy Daisy, TN

Jan Agee – September 5, 2008 – Soddy Daisy, TN

Kelly Stewart – February 8, 2009 – Old Hickory, TN

Cindy Johnson – March 18, 2009 – Antioch, TN

Eve Proper – May 20, 2009 – Nashville, TN

Lora Smith – August 18, 2009 – Graysville, TN

Levon Hubbard – August 19, 2009 – Crossville, TN

Craig McBride – December 3, 2009 – Unionville, TN

Marshall King – December 3, 2009 – Unionville, TN

Plaque Dedications

"A plaque was dedicated... honoring Janet Roe Parvin and Bret Edward Parvin"



A plaque was dedicated on the Turkey Creek bridge on the Obed section of the Cumberland Trail honoring Janet Roe Parvin and Bret Edward Parvin. Tad and Diane Parvin are longtime active Plateau TTA members and CTC supporters and made a very generous memorial contribution to the CTC as part of the 2000 Capital Campaign to purchase the Gorgeous Gorges in Hamilton County. Tad and Diane, pictured, are from the Crossville area.



Frank Jamison, whose support and generous contribution in the Phase II Capital Campaign merits a large bridge memorial dedication, has dedicated the Piney River bridge on the Cumberland Trail in honor of his father King W. Jamison, Sr. Frank and his brother King Jamison, Jr. are pictured at the dedication of the bridge to their father who was an "Outdoorsman and Conservationist who 'Loved being on the trail'."

Land Acquisition—

Press release by the Tennessee Department of Environment and Conservation

January 12, 2010— Governor Phil Bredesen and Department of Environment and Conservation Commissioner Jim Fyke announced today the closing of a land acquisition that will add more than 3,200 acres and 10 linear miles of trail to the Cumberland Trail State Park in Hamilton and Rhea counties.

The acquisition was funded through a variety of sources, including a grant from the Heritage Conservation Trust Fund, federal grants and private funds raised by the Cumberland Trail Conference. It includes a significant conservation easement put in place by the Land Trust for Tennessee.

The property on Graysville Mountain is part of Tennessee's Cumberland Trail State Park. It will allow the Cumberland Trail State Scenic Trail to expand between Dayton, in Rhea County, and Sale Creek in Hamilton County. The area provides opportunities for fishing, day hiking, whitewater paddling, swimming, rock climbing and trail running.

The Cumberland Trail Conference, a non-profit organization that assists the state in a variety of efforts related to the continuing development of the Cumberland Trail, raised money to assist with this acquisition during its, Pathways for People, People for Nature capital campaign.

"We appreciate all the donors, volunteers and CTC staff that contributed and worked to execute a very successful fundraiser," said Tony Hook, Manager of the Cumberland Trail Conference. "It is because of their efforts that the CTC was able to assist with this land purchase to expand the reach of the Cumberland Trail."

Read the rest of the press release on our website:
www.cumberlandtrail.org

CTC 2010 EVENTS CALENDAR



The Cumberland Trail

Page 5

"Making the Connection" - Frozen Head to Cove Lake - April 8 - 25, 2010

In April 2010, the Cumberland Trail Conference (CTC) is beginning the campaign to complete the New River segment of the Cumberland Trail. This trail building effort will be called "making the connection, Frozen Head to Cove Lake". This segment will connect Frozen Head and Cove Lake State Parks with a 38-mile section of trail. To complete the trail construction, several volunteer trail building opportunities will be scheduled in 2010 and 2011.

The goal of the first trail building event will be to finish the trail between Bowling Branch and Cave Branch in the North Cumberland Wildlife Management Area, Scott County, Tennessee (dotted line on map). From April 8 to 25th, 2010, volunteers are needed to help construct this 3.5-mile section of trail. This will be a camping outing, with volunteers supplying their own camping gear. CTC will supply food that will be prepared by the volunteers. Vehicles can be driven to the primitive, base campsite. To volunteer, please register at www.cumberlandtrail.org or call (931)456-6259

Southeastern Foot Trails Coalition Conference - May 20 - 23, 2010

DuBose Conference Center, Monteagle, Tennessee. www.southeastfoottrails.org

National Trails Day (NTD) Event - June 5th, 2010

On June 5, 2010, Soddy Daisy Chapter of Tennessee Trails Association and the Cumberland Trail Conference will host a Cumberland Trail hiking event in celebration of American Hiking Society's 18th annual National Trails Day. This NTD event will be held about 5 miles northwest of Soddy Daisy at the Cumberland Trail's Heiss Mountain Road Trailhead. The trailhead is located on Heiss Mountain Road off Highway 111 at the Jones Gap Road exit (see map below). The National Trails Day event will be from 9:00am to 5:00pm, and will offer two hiking options.

The first option will consist of numerous hikes into Big Possum Gorge led by members of the Soddy Daisy TTA. These hikes will showcase a 1.5-mile section of the Cumberland Trail and the recently constructed Big Possum Creek footbridge. A National Trails Day patch will be given to hikers. For more information on this hike, please contact Brandy Selman at chattowngrl@gmail.com or call (423) 544-9608.

The second option will be a lead, 9.5-mile hike from the Heiss Mountain Road trailhead to the Retro-Hughes trailhead. This hike goes through the Possum Creek Gorges displaying these unique gorges of the Cumberland Plateau. Upon completion of the hike, vans will shuttle hikers back to their vehicles at the Heiss Mountain Road trailhead. The hike will begin at 9:00am, is rated strenuous, will have elevation gains and losses of 450 feet, and hikers are asked to stay with the group. Estimated arrival time at the vans is 3:00pm. **This is not a beginner's hike.** The hike will be limited to 25, participants will need to register for the hike, and the cut-off date is June 1, 2010. Hikers on the ten-mile hike will receive a NTD patch and T-shirt. For more information or to sign-up for the hike, contact the Cumberland Trail Conference at 931-456-6259 or at cumberlandtrail@rocketmail.com.

Additional National Trails Day information available at <http://americanhiking.org/ntd.aspx>

National Public Lands Day (NPLD) - September 25, 2010

Details TBA - For more information please visit: www.publiclandsday.org

Tennessee Trails Association (TTA) Annual Meeting - November 12 - 14, 2010

The 2010 Annual Meeting is planned at Pickwick Landing State Park. Mark your calendars! - for updated information please visit: www.tennesseehiking.org

20th American Trails National Symposium - November 14 - 17, 2010

The Cumberland Trail Conference will be one of many host organizations - The CTC will be represented by Anthony Hook, General Manager. American Trails 20th National Trails Awards Program ~ On the Path of Excellence will honor people and programs at the , to be held in [Chattanooga, Tennessee](http://www.Chattanooga.org) . Deadline for nominations is June 30, 2010. For more information please visit: www.AmericanTrails.org

How to register: It's simple, just call the CTC Office at (931)456-6259 or email us at cumberlandtrail@rocketmail.com with your information.

MORE EVENTS WILL BE SCHEDULED THROUGHOUT THE YEAR.

VISIT: www.cumberlandtrail.org FOR UPDATED INFORMATION

**Volunteer
Opportunity!**

Making the Connection Frozen Head to Cove

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931-456-6259, or at
cumberlandtrail@rocketmail.com.



**Cumberland Trail
Conference**

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Fax: (931)456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org





Donor Acknowledgements for 2009

Organizations/Business

Anne Potter Wilson Foundation
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Blue Ridge Mountain Sports
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Daisy Woman's Club
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TTA Highland Rim Chapter
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Pledges

Gary Darnell
Warren & Carol Devine
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Gary Grametbauer
Anthony & Ann Hook
Diane Manas
Russ Manning,
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Sam Powell
David Reister
Judy Varner

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Page 8

The Cumberland Trail



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\$501-\$1000

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Libby Francis
Carol Haley
Tony & Ann Hook
Rita Senko
George & Joyce Summers
Bryan Young

\$1000 +

Anne Potter Wilson Foundation
Tony & Ann Hook
Sam & Emilie Powell
Garnett Rush

CTC Recognizes Volunteers at Annual Banquet

The CTC hosted its annual Volunteer Appreciation Day on Saturday, January 23, 2010. Tony Hook led a hike on Black Mountain followed by 30 guests. They hiked down the mountain to Windless Cave. Once they arrived at the cave hikers enjoyed a lunch break. Warren Devine brought a measuring wheel and Tony led hikers off the trail and began bushwhacking their way toward the Brady Mountain trail head on the flagged route between Windless Cave and Highway 68.

Later that afternoon, volunteers enjoyed a raffle, dinner and desert - catered by Forte's, held at the Cumberland Mountain State Park. After dinner, awards were presented to volunteers, and the evening ended with a presentation by Tony Hook. It was like a family reunion.

Awards were presented to:

- Don Deakins - "Bob Brown Award"
- Bruz Clark (Lyndhurst Foundation) - "CT Award"
- Jan Agee - "Tender Foot Award"
- "1000 Hour Volunteer Vests" -
Pete Berntsen & Larry Ryan
- A motor less weed eater was awarded to Larry Ryan

Several CT Patches and Volunteer T-Shirts were also given to new volunteers who had not received these items during their volunteer outings.

Mark Ritchie surprised Tony Hook with an award from the volunteers, "Trail Master of the Year".

Last but certainly not least a special thank you to every volunteer that gave their time to help the Cumberland Trail Conference move closer to its goal.





Cumberland Trail Conference

19 East 4th Street
Crossville, TN 38555

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Visit our website: www.cumberlandtrail.org

Yes—I will provide funds for CTC's vital programs and its mission to keep the trail construction & maintenance moving forward! My most generous (and tax deductible) donation is enclosed in the amount of: \$ _____

☐ \$50 ☐ \$75 ☐ \$100 ☐ Other \$ _____

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